R.C.A. Cursillo

Central Iowa Secretariat

Palanca Spiritual Director Guidelines

The Central Iowa Secretariat strongly suggests that the Palanca Spiritual Director be a person already experienced in the Cursillo method.

The responsibilities of the Palanca Spiritual Director shall fall under three major categories:

I. Responsibilities to the Team

II. Responsibilities to the Palanca Team.

III. Responsibilities to the Fourth day Community.

I. Responsibilities to the Team:

A. Attend all team meetings and be a vital part of team formation.

B. Prepare Rollistas for practice Rollos.

C. Critique Rollos.

D. Special support to the Spiritual Director.

E. Be available for confessions on Thursday night.

II. Responsibilities to the Palanca Team:

A. Accountable to the Palanca Rector in all issues relating to schedule.

B. To set the Spiritual climate of "servanthood."

1. Attitude. Matthew 20:28: "Your attitude must be like my own, for I, the Messiah, did not come to be served, but to serve..."

2. Action. Matthew 6:3&4: "But when you help a needy person, do it in such a way that even your closest friend will not know about it. Then it will be a private matter. And your Father who sees what you do in private, will reward you."

3. Design a program which will clarify, emphasize, demonstrate, and set the tone of "servanthood" for Thursday evening.

4. Maintain the "servant" attitude throughout the entire weekend.

C. To be available to the Palanca Team for personal counsel and/or Spiritual Direction. This is never to interfere with support schedule for the team and candidates.

D. Design and implement study and growth experiences.

1. Closely associated with the content of the Rollos in the Conference Room.

2. Spiritual growth experiences through affirmation, sharing and prayer.

E. Prepare and lead Liturgies for the Palanca Team.

1. Schedule for maximum participation.

2. If Kitchen Team cannot be present -- bring to and share elements with them.

III. Responsibilities to the Fourth Day Community

A. Set the tone with positive enthusiasm! Celebrate!

B. Move the service along so the candidates will not have to wait.

C. Arrange for persons to read Old Testament and Epistle lessons for the day.

D. Summarize the Scripture lessons – briefly!

E. Encourage sharing for the homily.

F. For women's weekend, encourage Fourth Day Community to let husbands and

Sponsors go to greet the candidates first.

Palanca Team Spiritual Director

Generally, in devotion to our Lord seeks to nurture and develop the spiritual attitude and atmosphere of the Palanca team.

Specifically,

Thurs eve: Hears confessional for the candidates

Conducts Palanca team prayers.

Fri, Sat, Sun: Conducts Palanca team morning and evening prayers.

Conducts Palanca team liturgy.

Palanca Chapel with each Rollista:

1. Greet Rollista with song.

2. Rollista kneels at prayer bench.

3. Read Rollista's chosen Scripture.

4. Encourage Rollista to begin the prayer session.

5. Palanca people pray.

6. Spiritual Rector closes the prayer session.

7. While Chapel Rector lights a votive candle, Spiritual Director or Asst. SD may say a few significant words.

8. Spiritual Director gives crucifix.

9. Chapel Rector gives flower to Rollista.

10. Rollista moves to center of Chapel for anointing song.

11. Rollista departs with song.

12. Palanca team enters into additional supportive prayer and continues by creating and maintaining an atmosphere of prayerful support for the Rollista and entire Conference Room as God's Word is presented.

When Rollista returns:

1. Arrives with singing.

2. Rollista kneels.

3. Encourage Rollista to begin the prayer session.

4. Palanca members pray.

5. Spiritual Director or Assistant closes prayer time.

6. Retrieve crucifix.

7. Singing.

Prepare and lead Fourth Day liturgy, including arranging for servers, and wine refiller person.

Palanca Spiritual Rector and Asst. pour "champagne" at Saturday banquet. Palanca Spiritual Rector is available as Counselor for Palanca people.