## **IDEAL rollo outline**

## **PREFACE**

The material included in these pages is meant to give you, the Rollista something as a basic help in your presentation of the IDEAL talk. You are Encouraged to follow the outline guide for DIRECTION OF CONTENT, but NOT AS THE CONTENT itself.

This talk is introductory and sets the tone of the weekend. As the first talk, it is meant to be very low key. Therefore, you are asked not to:

(1) use Scripture as a reference when giving this talk, or (2) share personal witness. Although it is considered a 'head' talk, you are encouraged to be 'you'— be natural. The amount of time allotted for this talk is a maximum of 20 minutes.

Included are a few additional materials that might be helpful to You. All material is given to you as a means to guide your thinking, while at the same time, you have the freedom of your individual expression.

God's Blessings be yours as you prepare for your presentation of IDEAL.

## **SYNOPSIS**

The IDEAL talk encourages each candidate to look within—to give thought as to whom s/he is, as to what gives life purpose and meaning, and, as to whether or not one is living up to the potential God has given through abilities and talents.

## OUTLINE #1 IDEAL

The Call to be Fully Human

- I. What is man?
- A. Has life, a soul, is responsible, and has conviction
- B. Superior over mineral (lifeless), vegetable (life-no sensitivity), and animal (life-instinct) kingdoms
- C. Has intellect, freedom, will
- D. Has limitations but also possibilities; it is possible for a limitation to be turned into a possibility.

Four sides of man need to be balanced – Physical/Mental/Spiritual/Social

(At this point Rollista may give an example of someone who has not allowed their limitations to affect their possibilities.)

- E. Measuring human development
- 1. Needs are met
- 2. Capacity to give
- 3. Focus outside of self-not inside
- F. Becoming fully human
- 1. Have a worthy goal
- 2. Achievement of goal becomes way of life

(An example of someone who has achieved their goal is appropriate here.) Why am I here? What is the direction of my life?

- II. What is an Ideal?
- A. Combination of ideas, aspirations, and preferences that moves us closer to our goals
- B. Consists of two elements
- 1. Vision-foundation; gives purpose
- 2. Motivation–the shove we need to get going C. Ideals change as we grow

(Rollista may give a personal example of how ideals have changed.)

- D. Ideals can change us they make us what we are; they determine what we are like.
- E. Authentic Ideal fulfills our needs and is attainable F. Kinds of Ideals
- 1. Subject
- a. Family
- b. Job
- c. Happy marriage
- d. Happy children
- 2. Goal-related
- a. Wealth
- b. Beauty
- c. Weight loss
- III. How Important is an Ideal?
- A. Gives life purpose
- B. Gives reason for living

Ideals need to be attainable; if set too high, they will overwhelm us; if set ton low, our life will have less of an impact on those around us and we will function at less than our full potential.

(At this point, Rollista may want to use an illustration.)

What is Your Ideal?

- A. What do you think about most?
- B. How do you use your free time?
- C. What most gives you joy and pleasure in life?
- D. How do you spend your money?
- E. Who are your friends?

Your answers to the above questions will tell you what is your Ideal.

(Use enough illustrative material in talk to assist in beginning Poster Work!)